Terengganu is a living museum of awesome tropical rainforests, millions of years old, with exotic flora and fauna offering a snapshot of an ancient evergreen forests, carved with waterfalls tumbling into clear pools while rugged green landscapes sweep down to golden beaches and azure seas.

There’s nothing more exhilarating than spicing up your life having memorable time indulging in a synthesis of nature activities, exploring the colors of culture and preservation of heritage that prevails in this pulsating and vibrant destination. Terengganu, definitely a hidden paradise unmoved by time.

**Chemerong Waterfall**

- Located 30 km from the Al Muktafi Billah town in the district of Dungun, in the Chemerong Recreational Forest.
- With 305 meters of cascading waters, it is the highest vertical drop waterfall in Malaysia.
- The best location to climb Mount Berembun.
The Lata Tembakah Recreational Forest is located 30 km from Jertih town in the district of Besut. It promises pristine nature with a 7 tier cascading waterfall.

- There are chalets, ample parking, food stalls, jungle trekking paths, gazebos, praying room and toilets for the visitors’ convenience.

Sekayu Agricultural Park and Waterfall

- Sekayu Recreational Forest is only an hour’s drive from Kuala Terengganu and 15km from Kuala Berang.
- The Sekayu Waterfall is right at the fringe of highland
The rushing waters from seven tier cascading waterfall creating pools among the foliage surroundings creating perfect ambience for visitors to relax and rejuvenate.

- The surrounding area is also well-equipped with picnic spots, resting huts, camping sites and chalets.
- The latest attraction here is an 85 acre State Agricultural Park, a beautifully landscaped area which offers tropical fruit orchards, restaurant, swimming pool, mini zoo, children playground and camping grounds, among others.

Lasir Waterfall

- Located 16km from Pengkalan Gawi, is one of the most popular picnic spots in Tasik Kenyir.
- With a majestic fall of some 500 feet, Lasir drops gracefully onto a multi-tiered level of boulders and rocks forming cooling cascading showers
Tracks and walkways have been built and climbing up to the top offers spectacular breathtaking views.

La Hot Spring

- Situated 150km north of Kuala Terengganu.
- Its natural hot water pool originates from deep under the ground and seeps through cracks creating a pool with a temperature ranging from 50 - 75 degrees Celsius.
- The therapeutic hot water contains sulphur which is believed to have healing properties for nerve ailments, stroke, high blood pressure, paralysis and skin diseases.
- Man-made hot water pools for children and elders are built, along with toilets, chalets, food stalls, souvenir stalls, camp grounds and parking areas provided for visitors' convenience.
Setiu Wetlands

- As the only wetland in Malaysia with nine interconnected ecosystems - the sea, beach, mudflat, lagoon, estuary, river, islands, coastal forest and mangrove forest.
- It covers an area of 23,000 hectares.
- Local community activities include farming, aquaculture, anchovy sauce industry and oyster farming.
- Setiu Wetland is also the breeding ground for terrapins and green turtles.
- Coastal and island hatchery sites such as in Ma’ Daerah, Paka and Rantau Abang beach in Dungun, on Pulau Bidong and on Pulau Redang.
- The State government conservation efforts have given a positive response to the increase in turtle landings in the state.
- There is a Turtle and Marine Ecosystem Centre and a Turtle Information Centre in Rantau Abang, Dungun that strategize turtle conservation efforts and giving information on the turtle sustainability.